

# Behavioural/Developmental Supports (BDS)

## What is BDS?

**Behavioural/Developmental Supports** address a specific behaviour or developmental goal by promoting the child's abilities and increasing or reinforcing parents' skills and strategies. This support is intended to be short-term (up to 26 weeks/6 months) and is goal/outcome focused.

Functional goals should address specific behaviours and/or developmental delays related to the child's impairment/condition that **significantly limit** the child's participation in daily living activities.



## What are the different models of BDS?

### FSCD Contracted Agencies

Services are delivered/supervised by a generalist (non-health professional) and may be supported by an aide. Up to 10 hours per week for 26 weeks, including administrative time.

**Note: Aide needs to come in with skill set to follow the guidance/supervision of the professionals overseeing the BDS program.**

### FSCD Contracted Agencies & Private Providers

**Professional Consultation:** Includes up to 2 professionals (OT, SLP, Psych, PT). Up to 1 hour per week of professional time for a total of 26 hours over 26 weeks. Hours are shared between professionals.

**Professional Consultation + Aide:** Includes up to 2 professionals (OT, SLP, Psych, PT) and an aide who work together as a team. Up to 1 hour per week of professional time and up to 9 hours per week of aide time for 26 weeks.

## What are the steps to access BDS supports?

1. Find a service provider (access a contracted agency or hire private providers). If hiring privately, discuss this with your FSCD worker.
2. Schedule an initial goal-setting meeting with the service provider and your FSCD worker.
3. The Service Provider develops a **Service Provider Program Plan (SPPP)**.
4. Review the SPPP developed by your service worker, sign it and forward it to your FSCD worker.
5. Services Commence: the FSCD worker will amend your agreement to add BDS based on information in the SPPP for hours and service dates.

For more information, please refer to the [FSCD Policy & Procedure manual](#).